

Personal Discipleship Growth Assessment

Please answer each question below as honestly as possible based on the following rating scale:

Not true at all; no way		Sometimes true		Very true; Absolutely
0	1	2	3	4
		5		

- ___ W-1. When I worship, I can easily focus on God without being self-conscious.
- ___ W-2. Worshiping God comes naturally for me in many different settings (such as at church, in nature, at home, in the car, etc.).
- ___ W-3. I can worship God meaningfully even if the worship style of a particular service is not my personal preference.
- ___ W-4. I understand that worship is much more than singing hymns or praise songs.
- ___ W-5. I actively and eagerly enter into worship and do not passively expect the musicians or clergy to create worship for me.
- ___ W-6. I am open to a range of ways the Spirit may urge me to express myself in worship, from silence to singing in the Spirit, from bowing or kneeling to lifting my hands, from being still to dancing or using banners.

Total points for WORSHIP (W) = _____

- ___ P-1. When I hear of people's needs, my first thought is to pray for them.
- ___ P-2. I have a consistent pattern of daily private prayer, include confessing my sins, thanking God for specific blessings, praying for my own needs and praying for the needs of others.
- ___ P-3. It takes little or no effort for me to pray; it is such a joy that often long periods of time spent in prayer can seem like minutes.
- ___ P-4. In prayer, I regularly receive words, insights or pictures that I believe come from the Holy Spirit.
- ___ P-5. I regularly include fasting as part of my discipline of prayer.
- ___ P-6. I am comfortable praying out loud and even enjoy leading groups of people in talking to God.

Total points for PRAYER (P) = _____

- ___ H-1. I know God has the power to heal, and I desire for Him to demonstrate His power through me.
- ___ H-2. I have prayed for healing right then when someone told me he or she was ill or in pain.
- ___ H-3. I believe that Jesus heals people today.
- ___ H-4. I regularly pray healing for others and see God's healing power.
- ___ H-5. I readily receive healing prayer when I need it.
- ___ H-6. I am finding ways to learn more about how to pray healing for others.

Total points for HEALING (H) = _____

Not true at all; no way		Sometimes true		Very true; Absolutely
0	1	2	3	4
				5

____ SF-1. I have a burden for relatives, friends and acquaintances who do not yet know Jesus Christ.

____ SF-2. I feel equipped to share my faith with others.

____ SF-3. I find it natural to tell people I know about the good things God is doing in my life.

____ SF-4. I regularly pray for opportunities to tell non-Christians about Jesus.

____ SF-5. I want to help hurting, troubled and discouraged people come to know Jesus.

____ SF-6. I readily invite others to worship at our church or attend the Alpha course.

Total points for SHARING YOUR FAITH (SF) = _____

____ RP-1. I take seriously Christ's call to feed the hungry, clothe the naked, extend hospitality to the poor, etc. (Mt. 25:35).

____ RP-2. I feel drawn to the homeless, and have taken an active part in helping them through this difficult time in their lives.

____ RP-3. I am more likely to pray for people in need than blame them.

____ RP-4. I feel that my use of money reflects Jesus' heart for the downtrodden.

____ RP-5. I do not pull back from needy people when I meet them.

____ RP-6. I regularly help those who are poor or in material need.

Total points for REACHING OUT TO THE POOR (RP) = _____

____ D-1. I feel comfortable teaching someone to be a more mature follower of Jesus.

____ D-2. Bringing people into the Kingdom is important, but I also have a passion to help people grow once they have been saved.

____ D-3. I am being disciplined by being in a small group and in a relationship with a more mature Christian.

____ D-4. I understand that as I learn and grow in Christ, God calls me to share what I learn with others.

____ D-5. I get excited when I help new believers grow spiritually.

____ D-6. I am involved in a one-on-one relationship that is helping another person grow in Christ.

Total points for DISCIPLING OTHERS (D) = _____

Note: The following 6 questions are geared for those with children living at home:

____ FL1. I feel that one of my most important ministries is to my family members.

____ FL2. Even though we have ups and downs, my family is growing stronger in the Lord day by day.

____ FL3. I believe that God is the Creator of my family and I depend on Him daily to help guide me in all decisions I make with my family.

____ FL4. I invest time, resources and energy into building memories and establishing positive traditions for my family.

**Not true at all;
no way
0**

1

**Sometimes
true
2**

3

4

**Very true;
Absolutely
5**

- ___ FL5. I pray regularly for my family, and we pray together.
- ___ FL6. I take a strong stand to protect my family against negative media influences (TV, movies, internet, music, publications, video, etc).

Total points for FAMILY LIFE (FL) = _____

- ___ B-1. I consider myself to be very disciplined in my Bible reading.
- ___ B-2. I regularly receive insight into God's Word through the Holy Spirit.
- ___ B-3. I am being fed through group Bible study.
- ___ B-4. I am continually learning more through in-depth Bible study.
- ___ B-5. I am able to apply the Word of God in daily situations in my life.
- ___ B-6. I regularly make time to study and memorize Scripture.

Total points for BIBLE STUDY (B) = _____

- ___ F-1. I have a budget that I generally stick to.
- ___ F-2. I am committed to the Biblical principle of tithing (giving 10% of income) and I do it.
- ___ F-3. I look at my money and possessions as gifts from God, and enjoy giving generously for the Lord's work.
- ___ F-4. My checkbook reflects godly priorities.
- ___ F-5. I set aside money in savings, and am not burdened by debt.
- ___ F-6. God is in control of my finances; therefore I don't stress out when paying bills or making major financial decisions.

Total points for FINANCES (F) = _____

Note: The following 6 questions are geared for those who are married:

- ___ SM-1. I would describe my marriage as dynamic and fun.
- ___ SM-2. My spouse and I pray together regularly.
- ___ SM-3. I consider my spouse my best friend, and we treat each other with respect.
- ___ SM-4. My spouse and I take time to communicate about important issues, and share our feelings openly with one another.
- ___ SM-5. My spouse and I have regular "date nights."
- ___ SM-6. Even though we may not always agree, my spouse and I are willing to talk about any issues in our marriage.

Total points for STRENGTHENING YOUR MARRIAGE (SM) = _____

Not true at all; no way		Sometimes true		Very true; Absolutely
0	1	2	3	4
				5

- ____ HS-1. I thoroughly understand the Bible's teaching about the Holy Spirit.
- ____ HS-2. I have experienced speaking in tongues (praying in a prayer language).
- ____ HS-3. I am open to whatever gifts of the Holy Spirit God wishes to give me.
- ____ HS-4. I regularly tap into the Holy Spirit's power in my life.
- ____ HS-5. I am intentional about developing the gifts of the Holy Spirit which God gives me.
- ____ HS-6. I have prayed for and received the fullness (baptism) of the Holy Spirit.

Total points for LIFE IN THE SPIRIT (HS) = _____

- ____ M-1. When I hear a missionary speak or read about missionaries, my heart is stirred and I feel a nudge to find out more about missions.
- ____ M-2. I have built relationships across cultural lines and find that I am developing a true sensitivity to those from other cultures.
- ____ M-3. I feel drawn to other cultures and desire to be a bridge to help people understand other ethnic groups.
- ____ M-4. I have spent much time praying for unbelievers and believers in other countries.
- ____ M-5. I generously support or would like to support missions organizations that spread the gospel to other countries.
- ____ M-6. I am convicted by Jesus' command to "go and make disciples of all nations..." (Mt. 28:19).

Total points for MISSIONS (M) = _____

- ____ PH-1. When I am hurt, I do not withdraw, but readily forgive and seek reconciliation; I do not hold a grudge.
- ____ PH-2. I do not watch sexually charged TV, movies or internet sites.
- ____ PH-3. My language is not coarse or vulgar, but reflects a heart full of God's grace.
- ____ PH-4. When I am discouraged or overwhelmed, I seek the prayers and support of others.
- ____ PH-5. I am living out Jesus' call to purity either by being faithful to my spouse in marriage or by being sexually abstinent as a single person.
- ____ PH-6. I am not caught up in anger or bursts of temper, but consistently enjoy the peace of God.

Total points for PERSONAL HOLINESS (PH) = _____